

IMPORTANT NOTICE:
BULLETIN 1 (November 2012 "the Venice Edition")
 [according to new IOF regulation about bulletin numbers]



WMOC WORLD MASTERS
2 0 1 3 ORIENTEERING
 CHAMPIONSHIPS



2 - 10 August
Olympic Mountains
Turin - Italy

Organiser

WMOC 2013 Organising Committee, on behalf of FISO, Italian Orienteering Federation.
 Event Manager: Francesco Rustichelli
 Event Director: Massimo Bianchi

IOF Advisers, National Controller

IOF Senior Event Adviser: David May (GBR)
 Assistant IOF Event Adviser: Tulla Spinelli (SUI)
 National Controller: Gianpiero Grassi (ITA)

Event Centre

The event will be located in the heart of the Olympic Mountains - Alta Valle Susa - Piedmont in the village of Sestriere

Event Office

Sports Hall in Sestriere
 Consorzio Sestriere e le Montagne Olimpiche
 Via Louset 10058 Sestriere (TO)
 Phone: +39 0122 755444
 Fax: +39 0122 755171
 Homepage: www.wmoc2013.it
 E-mail: info@wmoc2013.it



Competitions

All races will be conducted in accordance with IOF Competition Rules and recommended winning times.

Sprint: The competition consists of a Qualification and a Final race.

The first 80 competitors of each class will qualify for the A-final, the following 80 to the B-final etc. (See IOF Competition Rules at www.orienteering.org for exact numbers, which vary with the number of heats).

The terrain for Sprint Qualification is a mix between urban areas and open land.

The Sprint Final will be organized in an urban area with narrow streets, small parks and wooded areas.

Long Distance: The competition consists of two Qualification races and a Final. Based on the overall result of the qualification races, the first 80 competitors of each class will qualify for the A-final, the following 80 to the B-final etc. (See IOF Competition Rules for exact numbers).

All three Long races will take place in coniferous forest including parts of mountainous terrain. The terrain is partly steep but generally with good runnability, few rocks, some paths and open ski pistes. The area selected for the Final is especially beautiful as well as providing a world class technical challenge.

Athletes may use chair lifts to reach the starting area of the Long races.

IMPORTANT NOTICE

Particular attention must be given by participants to altitude: all the terrains of the Long and Sprint races lie between 1300 and 2300 metres above sea level!
 It is advisable for athletes to acclimatise for a few days before the races.

Programme

Friday	2 August	Arrival and accreditation in Sestriere, Event Centre opens.
Saturday	3 August	Arrival and accreditation, Sprint Model Event - Pragelato (morning) WMG Opening Ceremony - Turin (evening)
Sunday	4 August	Sprint Qualification - Sestriere (morning) WMOC Opening Ceremony Sestriere (afternoon)
Monday	5 August	Sprint Final and Prize giving - Bardonecchia (morning). Rest, Tourist programmes (afternoon).
Tuesday	6 August	Model event Long, Sestriere (morning) Rest, Tourist programmes (afternoon)
Wednesday	7 August	Long Distance Qualification Race 1 - Sansicario Pariol
Thursday	8 August	Long Distance Qualification Race 2 - Sansicario Pariol Banquet (evening)
Friday	9 August	Long Distance Model Event - Claviere La Coche (morning) Tourist programmes (afternoon)
Saturday	10 August	Long Distance Final - Claviere/Cesana Monti della Luna Prize giving, Closing Ceremony - Cesana (afternoon - evening)
Sunday	11 August	Departure

Ceremonies, culture

WMOC opening ceremony will be held on Sunday 4th August, after the Sprint Qualification Race in Sestriere. Closing ceremony on Saturday evening, 10th August, after the Long Distance Final. There will be numerous cultural and tourist entertainment programmes available in the Olympic Mountain Region on all days and especially on rest days.

Tickets to some of the programmes may be bought at the Event Centre during the WMOC week.

Classes

World Masters categories for all runners born in 1978 or earlier: W/M 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+

Public event

Alongside the WMOC a public event, the North West Cup, will be organised in the same terrain as the WMOC, for the following competition days: 4 August, 5 August, 7 August, 8 August.

Classes: Open beginner, Open Intermediate, Open Advanced

Classes	Length	Difficulty level
Open Beginner 1	2-2,5 km	M/W 12
Open Beginner 2	3,5/4 km	M/W14 M/WC
Open Intermediate	5 km	M/W16 M/WB
Open Advanced 1	9/10 km	M/W A
Open Advanced 2	6/7 km	M/W AK

Punching system

SPORTIdent punching system with SI cards will be used. SI cards can be hired at registration for 10 EUR per person. If no SportIdent number is provided after 30-06-2013, a rental SI Card will be assigned.

For further information on the Torino 2013 World Masters Games visit: www.torino2013wmg.org or email info@torino2013wmg.org



Maps, Embargoed Areas

Sprint: ISSOM standard, scale 1:4000, contour interval 2.5 m, surveyed in 2012/2013

Long Distance: ISOM standard, scale 1:10000, contour interval 5 m, surveyed in 2012/2013

Embargoed areas will be published as soon as possible at www.wmoc2103.it

Training and run-up competition

Run-up event: "Mountain & Sea - Five days of Appennini"
From July 27 to August 1st in Liguria www.5days2013.it

Climate

In August the weather in the Olympic Mountains is mostly pleasant. The August averages for Sestriere are 27°C (max) and 13°C (min) with five days of rain/drizzle. However, it must be considered that competition areas are located between 1300 and 2300 metres of altitude where the weather can change very rapidly and the temperature can drop below 15°C! We therefore recommend participants to bring along warm and suitable clothing for the mountains.

Accommodation

A wide range of accommodation will be offered, requiring only short trips to reach the competition areas. There are four, three and two stars hotels, family hotels, residences and campsites available. Accommodation can be booked at www.wmoc2013.it, where further essential information about accommodation is also available.

Caravan Parking, floor space, and camping will be organised, further information will be available on the website.

Visa, Insurance

Competitors coming from certain countries need a visa to enter Italy. Information concerning visa requirement is available at local Italian Embassy or on the official site of the Ministry of Foreign Affairs: www.esteri.it/visti/.

Each competitor participates in the event on his/her own risk. Insurance for competitors can be arranged for a reduced charge. Further information will be available on the website.

Medical Certificate

According to Italian law, all foreign competitors must present at accreditation a medical certificate enabling them to participate in orienteering competition. A template of the certificate is available at the website www.wmoc2013.it

Children

A kindergarten will be provided for children. Detailed information will be provided in Bulletin 2.



Approach

By plane: nearest airport is Torino-Caselle at 70 minutes distance by car from the Event Centre, while Cuneo-Levaldigi is at 2 hours by car and Milan-Malpensa is 2 hours 20 minutes by car.

By car or bus: from all directions by motorway A32, national roads SS24 and SS23

By train: the Valley of Susa is crossed by the international railway Rome-Paris.

The trains are very frequent and all stop at the railway station of Oulx and Bardonecchia. A bus service connects Bardonecchia, Oulx and Sestriere.

Registration

Entry is already open on www.wmoc2013.it.

After the last deadline of 30th June, late entries will be possible only if vacant places are available for a surcharge of 30 EUR.

Changes are free of charge until 30th June 2013. After this deadline changes will only be possible with a 20 EUR change fee.

Transport

Official transport to the races and model events will be available for a fee of 50 EUR for the whole event or 10 EUR/day.

All assembly areas can be reached from the car parks on foot. The assembly area for the Long Distance final may also be reached by chairlift.

Parking

Parking will be free of charge to people wearing the identification wrist-bands.

A special car-pass will be given upon accreditation. Bus and car parking have to be booked via mail at: parking@wmoc2013.it before 30th of June 2013.

Parking places may be subject to some restrictions due to limited space near arenas. For any information about bus parking write to info@wmoc2013.it.

Parking fee	Car	Caravan	Bus
Deadline	20 EUR	25 EUR	100 EUR
30/06/2013			
From 30/06/2013 or on spot	40 EUR	50 EUR	200 EUR

The "identification wristbands/bracelets"

The access to the races will be granted to EVERYBODY wearing race numbers even without wristbands. Wristbands are not needed to access the races.

THE WRISTBAND IS FREE FOR ATHLETES AND ACCOMPANYING PERSONS STAYING IN PARTNER ACCOMMODATION FACILITIES. The partner Hotel and partner accommodation facilities will support the event and will pay for the bracelet for those staying on their premises.

Wristband benefits include free parking, banquet discount, free chairlift from the 15th of July to the 15th of August (not only for races), floor space accommodation, swimming pool and sauna. The access to all other side services may be granted only to people wearing the wristbands because they will be paid by the business partner (hotel paying the wristbands for their guest). Other side services can for example be: entertainment, party, restaurant and pizza discount, pub, kindergarten, public showers etc. Please note: these services are yet to be confirmed.

If you are not staying in a partner accommodation facility you can buy the identification wristbands upon arrival at the accreditation desk or at the ticket shop www.wmoc2013.it (preferred).

The cost of the bracelet is 60 euro per athlete and 40 euro per accompanying person, free for children from 0 to 12 years old.

Floor space in school and other facilities will be FREE OF CHARGE for athletes and accompanying persons wearing the wristbands.

If you buy your accommodation through the [wmoc2013](http://www.wmoc2013) website you will receive your wristband free of charge.

If you are not sure that your accommodation is a WMOC partner, you can ask the hotel manager, your tour operator or our support service at info@wmoc2013.it.

Each athlete and accompanying person will find the welcome kit (with the identification wristbands inside) upon arrival in hotel (or other partner accommodation).

IMPORTANT NOTICE

This bulletin No. 1 replaces previous WMOC 2013 bulletins.

The main changes from previous versions of bulletin (labelled "1/2") are:

1. Extension of first entry deadline to November 30th and introduction of a new intermediate deadline
2. Detailed information of the wristband scheme
3. Some changes to the NW Cup categories.

Entry deadlines extended:

The first deadline has been extended to the 30th of November 2012.

A new step at the 28th of February has been added.

Entry fees for WMOC	Registration	Sprint	Long Distance	Sum Total
Deadline				
31/12/2012	120 EUR	25 EUR	45 EUR	190 EUR
28/02/2013	129 EUR	25 EUR	45 EUR	199 EUR
30/06/2013	130 EUR	30 EUR	50 EUR	210 EUR

Entry fees for North West Cup	M/W born in 1997 and after		M/W born before 1997	
Deadline	1 day	4 day	1 day	4 day
28/02/2013	8 EUR	28 EUR	12 EUR	40 EUR
30/06/2013	12 EUR	40 EUR	18 EUR	60 EUR
After 30/06/2013	15 EUR	50 EUR	20 EUR	70 EUR

Cancellation	Deadline	Refund
	30/06/2013	75%
	15/07/2013	50%
	From 16/07/2013	0%





From the President of the WMOC 2013 Organising Committee

My name is Franco Capra and I am the President of the WMOC 2013 organising committee. I am writing this letter to answer three questions raised by many orienteers.

The first one is: "why the fee is so high?"; the second is: "why do we need a security wristband?" and the third is about the Medical Certificate

The first question is easy to answer but less easy to accept and, regrettably, there is nothing we can do to change things. I beg you to understand that we have really tried our best to reduce every cost in order to bring down the entry fee.

First of all we have to pay 21% of the entry fee in VAT (Value Added Tax). So, a little more than a fifth will go to the Italian Government. Unfortunately, this is a legal requirement in Italy.

Secondly, as many of you probably know we have to pay a fee for every athlete to the World Masters Games Committee, as has happened on all previous occasions when WMOC has been a part of WMG.

A third reason is that there are few experienced orienteers in the locality, so many of the volunteers helping to stage the WMOC are from outside the Piedmont Region and incur extra travel and accommodation costs as a result.

These reasons help to explain why the fee is so high, but I assure you, the organising committee will receive only a part of the money you are paying.

But there are some compensations too...

... as every athlete will have a superb opportunity to join the World Masters Games in Turin, to enjoy the beautiful ceremonies and to see Turin and the surrounding cities just as for the 2006 Winter Olympic Games! Don't forget that Turin is only an hour drive away from the WMOC!

The second question is more difficult to answer but I hope you will agree with our decision.

The organising committee is a "non profit organisation": there is no money from the government nor from sponsorship (due to the current financial crisis) and it needs to cover all the costs needed to organise WMOC 2013.

So we decided to seek assistance from businesses which profit from the WMOC, mostly the accommodation facilities, restaurants and other businesses in the Sestriere area.

The majority of the hotels, residences and even camping and other accommodation facilities are happy to give financial help to the committee by paying a "tax" for every guest. This tax is in the form of the personal wristband which will be provided to those staying at these facilities free of charge.

In addition, the organising committee decided there would be no extra fee for parking, chair lifts and other common services.

We also decided to establish a new benefit for competitors on a low budget. They will be able to stay in places like schools, sports halls, etc, just by paying for the wristband for the whole week, with no other charge.

Other benefits granted to athletes and accompanying persons wearing wristbands include:

- free chair lifts and cable cars from the 15 of July to the 15 of August (the list of the relevant chairlifts will be available at the Event Centre)
- discounts will be granted by restaurants and other businesses helping the committee (coupons will be given to each athlete with the game kit)
- free services paid with the help of partner businesses.

I hope you will understand the reason why we need the wristbands. It is not a top up registration fee but is a tax on the hotels who will make a profit from the event. We are also monitoring prices to avoid raising of the usual hotel rates.

The third question relates to the Medical Certificate.

The Italian Law is very strict on this matter and no one can participate in competitions without a medical certificate. On the WMOC website (<http://www.wmoc2013.it>) there is a template in English to be signed by your doctor in your Country and, if needed, a medical centre will provide the medical certificate during the accreditation process.

Competitors who arrive without a valid Certificate should be able to have a medical check at a cost of between about 30 and 50 euros. We are still working with the World Masters Games committee to find the best way to deal with this, within Italian law.

Best regards.

FRANCO CAPRA
President of the WMOC 2013 Organising Committee

Franco Capra

**WMOC 2013 ACCOMMODATION PRICE LIST INCLUDING PERSONAL WRIST-BANDS FOR
ATHLETES AND ACCOMPANYING PERSONS**

		cost per room per night (Euro)		
		1 to 4 nights	from 5 to 8 nights	from 9 nights
4 stars Half Board	double room (2 persons)	170	160	150
4 stars Half Board	triple room (3 persons)	212	200	187
4 stars Half Board	family room (4 persons)	255	240	225
4 stars Half Board	single room (1 person)	127	120	112
4 stars Bed & Breakfast	double room (2 persons)	140	130	120
4 stars Bed & Breakfast	triple room (3 persons)	175	162	150
4 stars Bed & Breakfast	family room (4 persons)	210	195	180
4 stars Bed & Breakfast	single room (1 person)	105	97	90
3 stars Half Board	double room (2 persons)	150	140	130
3 stars Half Board	triple room (3 persons)	187	175	162
3 stars Half Board	family room (4 persons)	225	210	195
3 stars Half Board	single room (1 person)	112	105	97
3 stars Bed & Breakfast	double room (2 persons)	120	110	100
3 stars Bed & Breakfast	triple room (3 persons)	150	137	125
3 stars Bed & Breakfast	family room (4 persons)	180	165	150
3 stars Bed & Breakfast	single room (1 person)	90	82	75
2 stars Half Board	double room (2 persons)	130	120	110
2 stars Half Board	triple room (3 persons)	162	150	137
2 stars Half Board	family room (4 persons)	195	180	165
2 stars Half Board	single room (1 person)	97	90	82
2 stars Bed & Breakfast	double room (2 persons)	100	90	80
2 stars Bed & Breakfast	triple room (3 persons)	125	112	100
2 stars Bed & Breakfast	family room (4 persons)	150	135	120
2 stars Bed & Breakfast	single room (1 person)	75	67	60
		cost per flat per night (Euro)		
residence (minimum stay 7 nights)	one room flat (max 4 persons)			136
residence (minimum stay 7 nights)	two room flat (max 4 persons)			157
residence (minimum stay 7 nights)	three room flat (max 6 persons)			193

PLEASE NOTE: INDICATIVE PRICES CAPABLE OF SMALL CHANGES DUE TO ROUNDING MADE BY AUTOMATIC ON-LINE BOOKING SYSTEM

Conditions: see booking system or ask our customer service at booking@wmoc2013.it

Children: 0 – 3 Years Old FREE, from 4 to 12 years old 50% discount. See website www.wmoc2013.it for conditions.